



Help and support for personal and work-life matters

*EmployeeConnect Plus*SM gives you and your loved ones the support, resources and information you need to handle life's demands.

Your employer offers this service at no additional cost to you! Available to you, your spouse and your dependents.

You get

Unlimited phone access to legal, financial and work-life services

In-person help with short-term issues

Up to six in-person sessions per person, per issue, per year

GuidanceConsultantsSM

When going through a difficult time, having someone to talk to can make a big difference in your state of mind. You and your loved ones have access to confidential counseling from trained counselors for:

- Stress, anxiety and depression
- Relationship/marital conflicts
- Parenting questions
- Job pressures
- Grief and loss
- Substance abuse

GuidanceResources[®] Online

Whenever you need guidance on important life matters, visit GuidanceResources.com or download the *GuidanceNow*SM mobile app. You'll find help on relationships, work, school, children, legal, financial concerns and more. You have access to:

- Timely articles, *HelpSheets*SM, tutorials, streaming videos and self-assessments
- "Ask the Expert" personal responses to your questions
- Child care, elder care, attorney and financial planner searches
- Pet insurance discounts and care locator

Financial services

Everyone needs a bit of financial advice now and then. With *EmployeeConnect Plus*, you can speak with a *ComPsych*[®] financial expert to discuss:

- Managing personal financial challenges
- Credit card and debt management
- Budgeting
- Tax questions
- Financing for college
- Estate planning
- Investment options
- Mortgages, loans and refinancing
- Retirement planning

*EmployeeConnect Plus*SM

EMPLOYEE ASSISTANCE PROGRAM SERVICES

24 hours a day, 7 days a week. Call 855-327-4463, or visit us online at www.GuidanceResources.com (Web ID = Lincoln)

- Family
- Parenting
- Addictions
- Emotional
- Legal
- Financial
- Relationships
- Stress



Legal services

You can easily feel overwhelmed when faced with legal issues. Fortunately, help is just a phone call away. *EmployeeConnect Plus*SM gives you access to a ComPsych® staff attorney. Get valuable legal help with:

- Family law
- Bankruptcy and credit issues
- Landlord/tenant issues
- Civil actions and small claims
- DUI/DWI
- Wills, living wills and trusts
- Name changes
- Contracts
- Probate matters
- Immigration

Along with unlimited phone access to staff attorneys, you can receive one free 30-minute consultation with a local network attorney (per legal issue), and 25% off network attorneys' customary legal fees.

Work-life services

When you need help resolving issues at home or work, *EmployeeConnect Plus* is here for you. Work-life specialists will research your question and will send you information based on your needs. Find help with:

- Childcare and before- and after-school care
- Elder care and assisted living services
- Relocation information
- Event planning and home improvement



To find out more:

Visit [GuidanceResources.com](https://www.GuidanceResources.com) (Web ID = Lincoln), download the *GuidanceNow*SM mobile app, or call 855-327-4463.

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Order code: EED-ECPPT-FLI001



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Searching for answers?



Look to us for confidential advice.

Whatever life throws your way, you can handle it – thanks to *EmployeeConnect Plus*SM. This confidential employee assistance program provides the advice, resources and referrals you need to overcome work, family and personal issues. Help is available 24/7, at no additional cost to you.

Count on us for support with:

- Depression
- Marital or family difficulties
- Stress management/anxiety
- Substance abuse
- Legal and financial concerns
- Child or elder care
- Moving and relocation
- Planning for college, events or vacation



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Scan the QR code to learn more about how *EmployeeConnect Plus*SM services can help!

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- Mortgages, loans and refinancing
- Retirement planning

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- Name changes
- Contracts
- Probate matters
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- Event planning and home improvement



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Objective and impartial financial advice

*EmployeeConnect Plus*SM financial services

When you need financial guidance...

You can turn to *EmployeeConnect Plus* for guidance. Simply call *EmployeeConnect Plus* to speak to a GuidanceConsultantSM who will talk with you about your specific situation and schedule a phone appointment for you with a ComPsych[®] financial expert. You'll have access to an in-house staff that includes certified public accountants (CPAs), certified financial planners (CFPs) and other professionals who are exclusively dedicated to providing financial information by phone.

And because our experts are not associated with any financial institution, you are assured that they will provide impartial and objective information on your money topics.

On-staff financial experts can help you with:

- Managing personal financial challenges
- Credit cards and debt management
- Budgeting
- Tax questions
- Financing for college
- Retirement planning
- Estate planning
- Real estate questions
- Investment options
- Mortgages, loans and refinancing



Call or click anytime to access your services

Call: 1-855-327-4463

TDD: 1-800-697-0353

Go to: GuidanceResources.com

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Answers when you need them most

*EmployeeConnect Plus*SM legal services

When you need legal help...

You can turn to *EmployeeConnect Plus* for guidance.¹ Simply call *EmployeeConnect Plus* to speak to a GuidanceConsultantSM who will talk with you about your specific situation and schedule a phone appointment for you with a ComPsych[®] staff attorney. If you need more immediate help, you can be put in a queue to talk to a staff attorney as soon as one becomes available.

If you also need in-person representation, you can receive a referral to a qualified attorney in the *EmployeeConnect Plus* network.

Your *EmployeeConnect Plus*SM legal services include:

Unlimited phone access to a ComPsych[®] staff attorney

One free, 30-minute consultation with a local network attorney, per legal issue

25% off network attorneys' customary legal fees

Get help with:

- Family law matters, including divorce, custody, child support and adoption
- Bankruptcy and credit issues
- Landlord/tenant issues, including eviction and lease questions
- Civil actions and small claims court issues
- Immigration concerns
- DUI/DWI
- Wills and living wills
- Trusts
- Name changes
- Contracts
- Probate matters

¹Employment-related issues are excluded.



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Resources and solutions for everyday challenges

*EmployeeConnect Plus*SM work-life services

Work-life specialists at your service

Everyone has issues they need to resolve, at home and at work. *EmployeeConnect Plus* services can help. When you call *EmployeeConnect Plus*, you'll be connected to a GuidanceConsultantSM who will talk with you about your specific needs. Work-life specialists will research your question and in just a few business days will send you a packet of practical information, including prescreened referrals (if needed), HelpSheetsSM on your subject and much more. You can receive these materials via email, fax or second-day air.



Are you:

You can get information on and help with:

A parent looking for answers to parenting questions?	<ul style="list-style-type: none"> • Child care • Nanny services • Before- and after-school care 	<ul style="list-style-type: none"> • Camps • Financial assistance • Adoption
A family member of an elder?	<ul style="list-style-type: none"> • Home health care • Respite care • Community services • Help determining the right level of care 	<ul style="list-style-type: none"> • Screened referrals for assisted living and nursing homes • Hospice
Looking for a place to live?	<ul style="list-style-type: none"> • Finding an apartment • Finding movers • Relocating to another city 	<ul style="list-style-type: none"> • Choosing a realtor • School and neighborhood • Housing and utility assistance
A pet owner?	<ul style="list-style-type: none"> • Dog walkers • Kennels and pet care • Veterinarians 	<ul style="list-style-type: none"> • Obedience classes • Pet insurance
Sending a child off to school?	<ul style="list-style-type: none"> • Choosing schools, from preschool through college and beyond • Financial aid 	<ul style="list-style-type: none"> • Scholarships • Tutors • Special needs
Planning a major project?	<ul style="list-style-type: none"> • Weddings and other events • Home improvement projects 	<ul style="list-style-type: none"> • Vacation planning • Making a big purchase, such as a home or a car

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